



Forest Lodge Academy

A L.E.A.D. Academy

Address: Charnor Road, New Parks, Leicester, LE3 6LH
Telephone: 0116 2871220

office@forestlodge.leicester.sch.uk
www.forestlodge.leicester.sch.uk

Headteacher: Mrs C Caldwell

1st March 2021

PSHE, Relationship and Health Education and Relationship and Sex Education.

As a part of your child's educational experience at Forest Lodge Academy, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social and Health Education (PSHE) incorporating statutory Relationship and Health Education (RHE). This gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

The Department for Education has made Relationship and Health Education (RHE) now statutory. The guidance (available on our school web site) focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing and safeguarding. Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own well-being.

We have reviewed our Personal, Social, Health Education (PSHE) curriculum which incorporates Relationship and Health Education (RHE) and policy and our specific Relationship, Sex Education (RSE) curriculum and policies which are all available on our web site so we can be sure our provision is appropriate for our pupils based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and disabilities

As part of this process, the school wishes to consult with parents, staff and governors to help inform our schools' decisions on PSHE, RHE and RSE and when and how certain content is covered. We would welcome your response and we are sending out a questionnaire for you to share your thoughts.

Thank you for your support.

Sincerely,

Mrs Claire Caldwell
Headteacher





Forest Lodge Academy

A L.E.A.D. Academy

Address: Charnor Road, New Parks, Leicester, LE3 6LH
Telephone: 0116 2871220

office@forestlodge.leicester.sch.uk
www.forestlodge.leicester.sch.uk

Headteacher: Mrs C Caldwell

